



STEWARTS
cross country
grandprix

**EAST DISTRICT
CROSS COUNTRY CHAMPIONSHIPS
SATURDAY 15th JANUARY 2011
LIVINGSTON (Deans)**

This event was scheduled to be held in Aberdeen in December 2010 but was postponed because of snow

The Championship was held in conjunction with the East District League on 15/1/2011 at Livingston

RACE	START TIME	NUMBERS
UNDER 13 GIRLS	12.30	WHITE
UNDER 13 BOYS	12.45	WHITE
UNDER 15 GIRLS and		RED
UNDER 17 WOMEN	1.00	YELLOW
UNDER 15 BOYS	1.20	WHITE
SENIOR / JUNIOR WOMEN	1.35	WHITE
UNDER 17 MEN	2.05	WHITE
SENIOR / JUNIOR MEN	2.30	WHITE

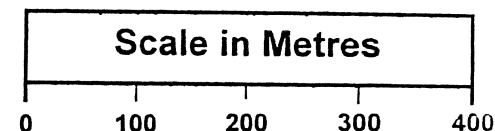
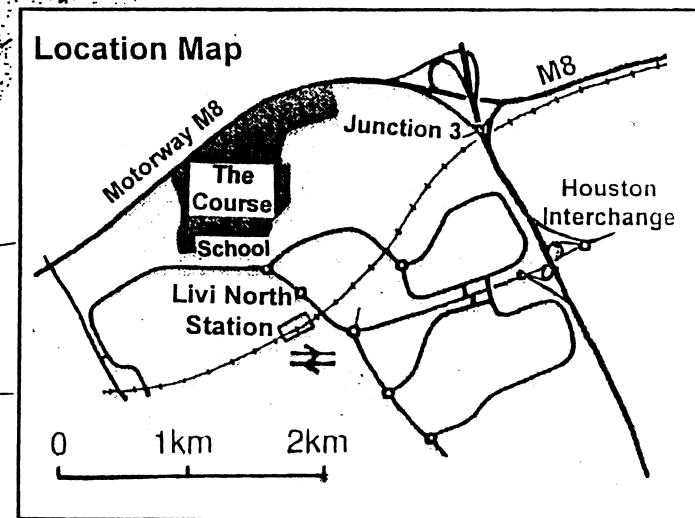
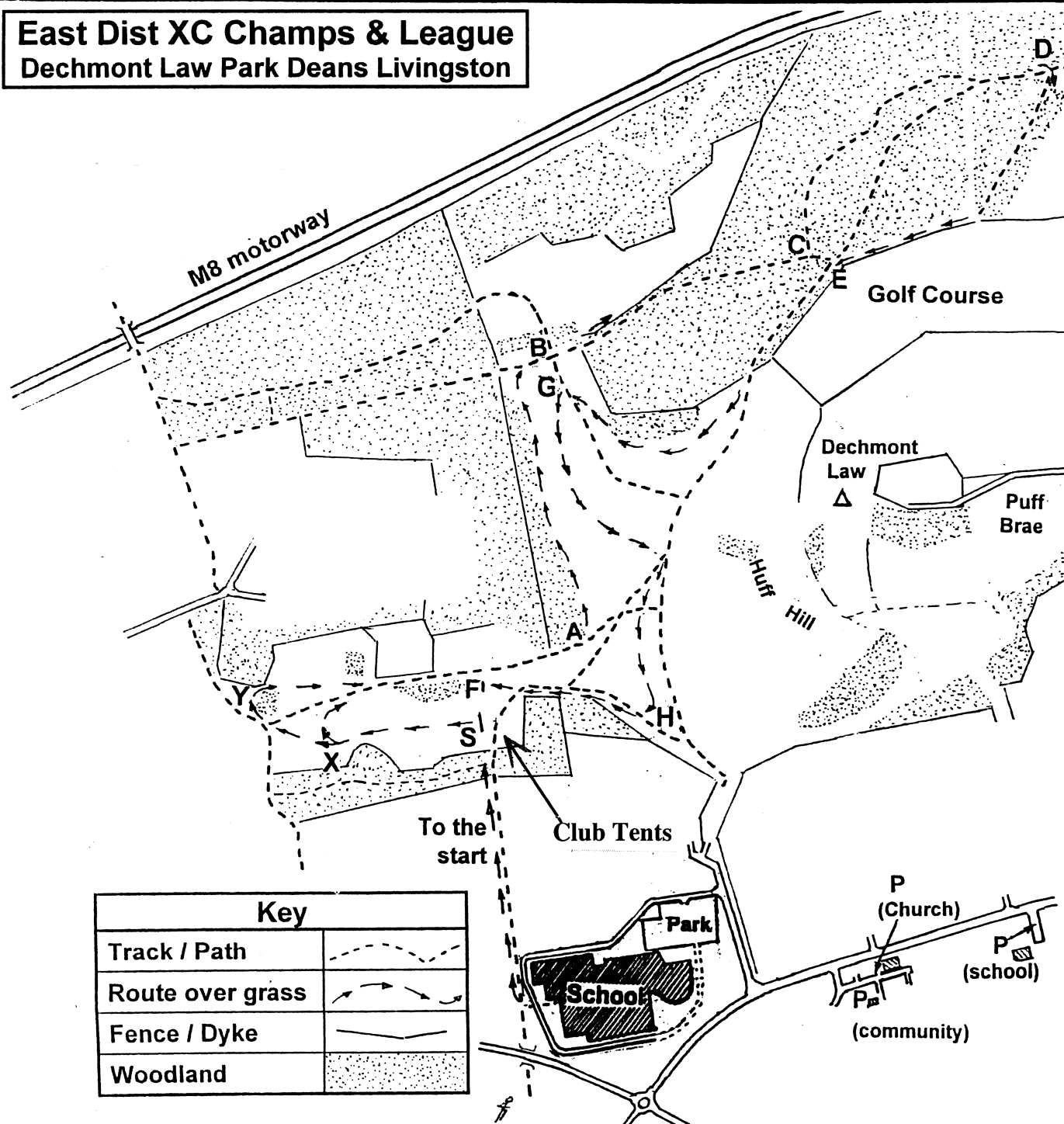
OFFICIALS

Referee	Ron Morrison
Assistant	Dave Cairns
Clerk of Course	Martin Hyman
Judges / Funnel	Ian Clifton (Chief), Neil Donachie, Bill Grant
Control	John Brash
Recorders	Ian Hislop (Chief), Alan Smith, Rachel Halliday
	Fred McCluskie
Timekeepers	Joe Bruce (Chief), Alan Carruthers
Time Recorders	Ian Mann, Sandy Cameron
Marksman	Bill Gentleman
Starter	Barry Craighead
Announcer	John Wands
Declarations	Jen Jackson, Marion Donachie
Results	Peter Jackson, Sheila Smart, Marjory Cook
Presentations	Sandra Hardacre
Course Marshals	Members of Lothian RC
Convenor	Alex Jackson

	DISTRICT CHAMPIONSHIPS FINISHERS								
EAST	VENUE	U13G	U15G	U17W	WOMEN	U13B	U15B	U17M	MEN
1995	Edinburgh	49	38	31	64	55	58	54	240
1996	Aberdeen	44	28	19	32	39	47	33	207
1997	Edinburgh	42	26	20	66	37	36	34	305
1998	Galashiels	35	32	12	60	38	29	33	210
2000	Alloa	34	20	12	61	40	29	21	224
2001	Edinburgh	26	23	9	62	39	32	20	250
2002	Livingston	30	21	8	56	33	35	27	211
2003	Edinburgh	35	27	8	61	33	39	25	232
2004	Falkirk	39	27	14	83	53	35	24	242
2004/5	Stirling	44	38	14	94	52	52	31	239
2005/6	Aberdeen	34	36	15	67	26	34	30	163
2006/7	Galashiels	41	46	17	91	31	36	31	217
2007/8	Stirling	43	40	22	115	39	45	32	247
2008/9	Cupar	42	41	18	105	38	34	40	223
2009/10	Livingston	43	32	21	107	43	42	24	231
2010/11	Livingston								

East Dist XC Champs & League

Dechmont Law Park Deans Livingston



Courses all suitable for spikes

Time	Age Gp	Course	Km
12.45	G & B u11	S-X-A-B-G-H-F	1.5
12.55	B u13	S-Y-A-B-C-E-G-H-F	2.5
1.05	G u13	S-Y-A-B-C-E-G-H-F	2.5
1.15	B u15	Two small laps: S-Y-A-B-G-H-F	3.5
1.30	G u15 W u17		
1.45	Women J, S & V	Two big laps S-Y-A-B-C-D-E-G-H-F	6.4
2.10	M u17		
2.30	Men J, S & V	Three big laps S-Y-A-B-C-D-E-G-H-F	9.6

Under 13 BOYS**RACE STARTS 12.55 am,****Aberdeen AAC**

707 Ben Renton
711 Alex Brown
715 Mark Quinn

708 Charlie Allardes
712 Rory Cunningham
716 Lewis Khan

709 Alasdair Lowe
713 Matthew James Keenan

710 Stewart Millar
714 Ryan Harper

Banchory Stone

717 Ewan Mcmillan

718 Kieran Strachan

719 Matthew Duguid

Central AC

720 Kieran Potter
724 Gary MacFarlane
728 Scott Fleming

721 Cameron Taylor
725 Cameron Harris

722 Iain Davies
726 Sam Davidson

723 Jack Kerr
727 Matthew Crawford

Corstorphine AAC

729 Anthony Addison

730 Kenny Wilkie

731 Matthew Murray

732 Callum Campbell

Dundee Hawkhill

733 Charlie Swan

734 Andrew Merry

735 Connor Bertie

736 Ross Prain

Dunfermline & W Fife

737 Calum Bruce

Edinburgh AC

738 Josh Kerr
742 Jamie Loudon
746 Alex Carcas

739 Paul Ireland
743 Cal McLennan

740 Fraser Peters
744 Brandon Archibald

741 Joe Riemersma
745 Jamie Underwood

Falkirk Victoria H

747 Daniel McGhee

Fife AC

748 Jamie Ingledew

749 Tristan Rees

750 Ryan Brocklebank

751 Tom Harris

Gala Harriers

752 Nathan Cox

753 Alex Pye

754 Alexander Freer

755 Harry Steel

Kinross Road R

756 Gregor Malcolm

Lasswade AAC

757 Kyle A Mackenzie
761 Matthew Smith

758 Fraser Cousin

759 Sean Mullen

760 Ronan Clelland

Lothian RC

762 Sam Jones

763 Iain Horsburgh

764 James Ackland

Metro Aberdeen

765 Andrew Mutch

Moorfoot Runners

766 Kobe Stevens
770 Mitchell Winyard

767 Ruairidh Britton

768 Lewis Gray

769 David Collins

Perth Strathtay

771 Ben Greenwood

Pitreavie AAC

772 Connor Morris

773 Daniel Milligan

774 Arran Stenhouse

775 Euan Redpath

Strathearn Harriers

776 Sol Sweeney

777 Christopher Martin

Under 13 Girls**RACE STARTS 1.05 pm****Aberdeen AAC**

194 Poppy Clayton-littler

195 Saffron Cummings

196 Lucy McLeod

Banchory Stone

197 Polly Christie

198 Rhona Forbes

199 Eve Sealy

Central AC

200 Isla Burns

201 Shamsa Scott-Angell

202 Amy Gullen

204 Beth Gallagher

203 Shannon Macfarlane

Corstorphine AAC

205 Jo Stapleton

206 Hannah Addison

Dunblane Schools

207 Rebecca Wheildon

Dundee Hawkhill

208 Eilidh L Reynolds

209 Katie Anderson

210 Amy Mollison

211 Christie Rowan

212 Hayley Carstairs

213 Sophie Scott

214 Katie Patullo

215 Megan Thomson

Dunfermline & W Fife

216 Shannon Jones

217 Zara Connolly

218 Megan Dawson

219 Mahri Wilson

Edinburgh AC

220 Amy Armstrong

221 Hilary Lewin

222 Jade Carlyle

223 Esme Stewart

224 Rachel Watson

225 Ailsa Clark

226 Katie Smith

Falkirk Victoria H

227 Leia Glading

228 Kelly Bissett

Fife AC

229 Katy Aitken

230 Rosabel K Kilgour

231 Ana Brocklebank

232 Ailsa Cruickshanks

Gala Harriers

233 Jo Arres

234 Jennifer Burrows

235 Morven Cawthorn

Harmeny AC

236 Zoe Bates

237 Kristi Divito

Livingston & Dist

238 Taygan Henry

239 Louisa Marshall

Lothian RC

240 Bethany Nelson

Montrose & Dist

241 Georgia Ferrie

Pitreavie AAC

242 Caitlin Murphy

243 Leah Davie

244 Vhairi McAtear

Strathearn Harriers

245 Storm Robertson

246 Erin Gibson

Under 15 Boys**RACE STARTS 1.15 pm****Aberdeen AAC**

247 Oliver Hay
251 Samuel Johnson

248 Steven Murray
252 Stuart Gomes

249 Jamie Dickson

250 Ethan Lovie

Banchory Stone

253 Daniel Rees

Central AC

254 Malcolm English

255 Alexander Semple

256 Stuart McKinney

Corstorphine AAC

257 Michael Addison
261 Sandy Robson

258 Matthew Galloway

259 Rory Henderson

260 Alexander Wilkie

Dundee Hawkhill

262 Euan Rose

Dunfermline & W Fife

263 Sorley Capon

Edinburgh AC

264 Jake Kerr
268 Dominic O'Hare

265 Robert Bough
269 Daniel Mitchell

266 Cameron Gilmour
270 Tafadzwa Msengezi

267 Michael Cameron
271 Gregor Burns

Falkirk Victoria H

272 Aidan Hilton

273 Alastair Kirkwood

274 Ruairi Kirkwood

275 Craig Mitchell

Fife AC

276 Euan Berry
280 Cameron Thomson

277 Fergus Ingledew

278 Bruce Millar

279 Logan Rees

Gala Harriers

281 Paul Henney

282 Rowan Marr

283 Fraser Wardhaugh

Harmeny AC

284 Callum Campbell

Lasswade AAC

285 Jamie Cousin
289 Fraser Amos

286 Ross McEwan
290 Iain Lawson

287 Callum Clark

288 Ross Henderson

Montrose & Dist

291 Laurence Cowie

292 Connor Mulcahay

293 Jamie Smith

294 Kyle West

Moorfoot Runners

295 Jacob Adkin

296 Lucas Cheskin

Perth Strathtay

297 Robert Henson

Pitreavie AAC

298 Aidan Thompson

299 Ben Potrykus

300 Gregor Beatson

301 Evan Ross

Teviotdale Harriers

302 Kyle Potts

Unattached

303 Fraser Drummond

Under 15 Girls**RACE STARTS 1.30pm****Aberdeen AAC**

403 Becky Cheyne
407 Eilidh Prise

404 Stephanie A Little
408 Eve Smith

405 Aimee MacDonald

406 Anna McErlean

Banchory Stone

409 Rhona McMillan

Central AC

410 Eilidh MacCorquodale
414 Kathryn Gillespie

411 Tara Walls

412 Roisin Bonucchi

413 Laura Clarke

Corstorphine AAC

415 Amber Robertson

416 Emma Kenworthy

417 Abbie Malone

Dundee Hawkhill

418 Kirsty M Reynolds
422 Liberty Brown

419 Ailsa Peters
423 Hayley Allardice

420 Keira Durston

421 Vicky Mitchell

Dunfermline & W Fife

424 Kelsey Hutton

Edinburgh AC

425 Rosanna Stewart
429 Rosie Wilson
433 Emily Strathdee

426 Alexandra Hunter
430 Heide Biberbach-Laidlaw
434 Martha C Wightman

427 Hannah Cameron
431 Alison Brown
435 Sara Findlay

428 Isla Pawson
432 Phoebe Crosthwaite
436 Erin Cant

Falkirk Victoria H

437 Katherine Mitchell
441 Helen Ainslie

438 Keely Wilkinson

439 Julie Nimmo

440 Julie Hunter

Gala Harriers

442 Kerry Sandilands

Harmony AC

443 Alison Broadhurst

444 Alice MacNab

Lasswade AAC

445 Amy Frankland

446 Fiona Matheson

447 Kirsty McKinlay

448 Sally Redpath

Lothian RC

449 Lauren Arbuckle

450 Nicola Kellock

451 Keri Gregg

452 Alice Horsburgh

Metro Aberdeen

453 Ailsa Wolfe

Moorfoot Runners

454 Sophie Collins

Pitreavie AAC

455 Amy McAlpine
459 Lorna Brown

456 Eilidh Reid

457 Katey Turner

458 Rachel Hunter

Strathearn Harriers

460 Savannah Sweeney

Teviotdale Harriers

461 Louise Mercer

462 Catherine Mercer

Under 17 Women RACE STARTS 1.30pm

Central AC

69 Amy Hendry

70 Shona Buchanan

Corstorphine AAC

71 Isabelle Bough

72 Lisa Christy

Dundee Hawkhill

73 Iona Brodie

Edinburgh AC

74 Emma Dunnett

75 Oonagh Dunnett

76 Louisa Stewart

77 Olivia O'Hare

78 Caitlin Gray

79 Katie Watson

80 Ailsa Bruce

81 Olivia Mackenzie

Falkirk Victoria H

82 Abby Kemp

83 Hazel Murray

84 Lucy Mitchell

85 Claire Barr

Fife AC

86 Kerry Gibson

87 Laura Gibson

88 Halina Rees

Gala Harriers

89 Lucy Henderson-Morris

90 Laura Anderson

91 Hannah Jones

92 Emily Jones

93 Isla King

Lasswade AAC

94 Katie Logan

Pitreavie AAC

95 Kathryn Pennel

Under 17 Men**RACE STARTS 2.10 pm****Aberdeen AAC**

63 Sam Burgess

Banchory Stone

64 Michael Ferguson

Central AC

65 Ross Milne

69 Sam Fraser

66 Tom Watson

67 Conor Kerr

68 Kyle Petrie

Corstorphine AAC

70 Christopher Galloway

74 Jack Williams

71 Connor Johnston

75 Craig Nolan

72 Craig Nolan

73 Callum Smith

Dundee Hawkhill

76 Jamie Crowe

Edinburgh AC

77 Jake Wightman

81 Amil Mair

78 Sam Wightman

82 Chris Ponton

79 Ruairidh Miller

83 Lachlan Waddell

80 Peter Cameron

Falkirk Victoria H

84 Scott Stirling

85 Mark Govan

86 Dale Colley

87 Ben Stevenson

Fife AC

88 Ryan McIntosh

Harmony AC

89 Sam MacNab

90 Matthew Donaldson

Perth Strathtay

91 Andrew Forsyth

92 Alex Jardine

93 Euan Holmes

Pitreavie AAC

94 Scott McAlpine

95 Benjamin Kurzman

Teviotdale Harriers

96 Keith Learmonth

Tweed Leader Jed

97 Adam Craig

Senior/Junior Women RACE STARTS 1.45pm**Aberdeen AAC**

1 Ellie Buchan (U20)	2 Rhona Buchan (F40)	3 Gemma Cormack (U20)	4 Bezunesh Deggefa
5 Marie Dobson	6 Angela Hepburn (F40)	7 Carly Hall	8 Laura Mahady (F50)
9 Veronique Oldham (F40)	10 Nicola Smith (F35)		

Anster Haddies

11 Pamela Cruikshanks (F45)	12 Hazel Bradley (F60+)
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Arbroath & Dist

13 Becky Dunphy (U20)

Banchory Stone

14 Rhona Auckland (U20)

Carnegie H

15 Morna Fleming (F50)	16 Fabienne Thompson (F40)	17 Isobel Burnett (F50)	18 Gail Murdoch (F45)
19 Grace Mackenzie	20 Melanie Sinclair (F35)	21 Linda James (F45)	22 Lynne Kuz (F45)
23 Helena Sim (F45)	24 Mary Western (F45)		

Carnethy HRC

25 Jacqui Higginbottom (F40)	26 Kate Friend (F45)	27 Pamela Whitlie (F35)
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Central AC

28 Claire Houston	29 Jane Waterhouse (F50)	30 Alison Docherty	31 Fiona Thompson
32 Jennifer Emsley	33 Lyndsay Morrison	34 Claire Brisbane	35 Eilidh Hetman
36 Catriona Buchanan (U20)	37 Hazel Dean (F45)	38 Polly Harrison (F35)	

Corstorphine AAC

39 Gillian Carr (F35)	40 Corrie Roberts	41 Jo Kirby	42 Jillian Hogg (F35)
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Cosmic Hillbashers

43 Pauline A Larmour (F45)

Dundee Hawkhill

44 Eilish McColgan	45 Laura Muir (U20)
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Dundee Road R

46 Michelle Cooper	47 Steph McAdam	48 Elaine Omand	49 Gail Rattray (F50)
50 Morag Taggart (F50)	51 Kirsty Gibson		

Edinburgh AC

52 Emily Stewart (U20)	53 Niamh Devlin	54 Victoria Lomax	55 Nathalie Christie (F35)
56 Laura Dunn	57 Jennifer MacLean (F35)	58 Sharyn Ramage (F45)	59 Emily Dudgeon (U20)
60 Joanne Thom	61 Katja Eravisto	62 Sarah Hood	63 Lauren Stoddart (U20)
64 Emma Laurie	65 Susan Ridley (F45)	66 Lianne Logan	67 Vicky Frew
68 Karen Dobbie (F40)	69 Lynsey Sharp		

Edinburgh Uni

70 Rebecca Harding (U20)	71 Rachel Armitage (U20)	72 Emily Pollock (U20)	73 Chloe Haines (U20)
74 Jo Shepherd (U20)	75 Grace Conroy (U20)	76 Frances Cummins	77 Jenny Dybeck (U20)
78 Pamela Morris	79 Mary Clark (U20)	80 Sarah Hazzard	81 Sarah Louise Johnson
82 Jessica Orr (U20)	83 Emma Baxter (U20)	84 Heidi Nicholson	

Falkirk Victoria H

85 Nicola Flynn (F35)

Ferranti AAC

86 Elizabeth Gilchrist (F60+)	87 Claire Gilchrist (F40)	88 Sheila Bauchop (F60+)
89 Siobhan Sellar (F40)	90 Julia Drewer	91 Alison Arnold (F35)

Fife AC

92 Fiona Bracegirdle (U20)	93 Innes Bracegirdle (F50)	94 Megan Crawford	95 Hester Dix
96 Morgan Windram-Geddes	97 Angela Howe (F40)	98 Jennifer Kibble	99 Alison McGill
100 Amie McKimmie	101 Helen Sharpe	102 Jocelyn Scott (F50)	103 Sandra Aitken (F50)
104 Sophie Mullins	105 Susan Thomson (F40)	106 Sarah Legge (F40)	107 Hilary Ritchie (F45)

Forfar Road R

108 Tracy Morgan	109 Cath McNally (F45)	110 Elizabeth Nicoll (F45)
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Gala Harriers

111 Rachel Fagan (F35)	112 Dianne Lauder	113 Georgia Nesbitt (U20)	114 Fiona Dalglish (F35)
115 Fiona Shepherd (F40)	116 Kirstin Maxwell (U20)		

Haddington ELP

117 Ruth Watson (F45)

Harmeny AC

118 Fionna Ross	119 Margie Leitch (F40)	120 Kirsty Stoddart (F40)
121 Lorna Broadhurst (F50)	122 Amanda Pennycott	123 Fiona Donaldson (F40)
124 Christina Morgan (F40)	125 Lucy Marshall	126 Mo May (F60+)

Hunters Bog T

127 Claire Ward	128 Jane Hart (F35)	129 Jessica Dewar	130 Claire Gordon
131 Kate Jenkins (F35)	132 Eilis McKechnie	133 Isobel Knox	134 Sarah O'Neil
135 Rosie Smith	136 Eilidh Wardlaw	137 Megan Wright (F35)	138 Sula Young
139 Morag McCracken	140 Deborah MacDonald (F50)		141 Phyllis O'Brien (F50)
142 Sandra Rathjen (F40)	143 Janice Smith (F50)	144 Lousie Provan (Ind)	

Kinross Road R

145 Ann Malcolm (F45)

Lasswade AAC

146 Karen McKinlay (F45)	147 Wilma Kerr (F45)	148 Lorna Rice (F40)	149 Nicola Bird
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Livingston & Dist

150 Sue McDowall (F50)	151 Yvonne Crilly (F45)
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Lothian RC

152 Lucy Galloway (F40)	153 Jill Horsburgh (F50)	154 Saran Jones (F45)	155 Christine Milne (F35)
156 Margaret Turnbull (F50)		157 Edel Mooney (F35)	158 Lynne Murray (F45)
159 Mhairi Inglis (U20)	160 Sarah Inglis (U20)	161 Lana Turnbull (U20)	162 Jocelyn Moar
163 Chloe Cox			

Metro Aberdeen

164 Ruth Wolfe (F45)	165 Vivienne Bruce	166 Alison Mathers (F35)	167 Dawn Jaffrey
168 Rowena Dustan (F35)	169 Claire Smith (F35)	170 Polly Tandy	

Moorfoot Runners

171 Scout Adkin (U20)	172 Sarah McCormack
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Ochil Hill Runners

173 Tracey Brindley (F35)

Perth Road Runners

174 Marianne McLevy (F40)	175 Joan Wilson (F45)	176 Rhona McBean (F35)
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Portobello RC

177 Janet Dunbar (F40)	178 Amanda Henderson (F35)	179 Mary Hunter (F40)	180 Brenda Clark (F50)
181 Ruth Johnstone (F35)	182 Jenni Owens		

St Andrews Uni

183 Ruth Roberts (U20)	184 Rhiannon Dougall (U20)	185 Abigail Hobill
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Stirling Univ AC

186 Ann-Marie Parry

Teviotdale Harriers

187 Zoe Williams	188 Pamela Paxton (F35)	189 Joanne Gilfillan	190 Sylvia Grieve (F40)
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Wee County H

191 Karen Willocks	192 Caroline Strain (F40)	193 Beryl Junnier (F45)
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Senior/Junior Men RACE STARTS 2.30 pm**Aberdeen AAC**

1 Benjamin Hukins	2 Mark Haskett	3 Ross Fulton (U20)	4 James Joy
5 Michael Kilbride (U20)	6 Frank Boyne (M40)	7 Keith Charlton (M50)	8 Eoin Durkan
9 Gavin Prise (M45)	10 Lewis Coffin (U20)	11 David Blane (M45)	12 David Smith (U20)
13 James MacGregor (M45)	14 Neil Manson (M40)	15 Cameron Strachan (U20)	

Anster Haddies

16 Allan Gibson (M55)	17 Richard Shaw (M55)	18 James Baillie (M50)
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Banchory Stone

19 Robbie Simpson (U20)	20 Andrew Ferguson Snr (M50)
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Carnegie H

21 Scott Bradley	22 Allan Brannigan (M45)	23 Graeme Campbell	24 Neil Campbell (M50)
25 Barry Davie	26 Bill Duff (M60+)	27 Allan Fotheringham (M40)	28 John Fulham
29 Stephen Greer (M50)	30 Mike Harvey (M45)	31 Steven King	
32 Thomas Lawrence (M40)	33 Lewis Lawson (M45)	34 Craig Lindsay	
35 Robbie McKenzie (M45)	36 David Millar	37 Peter Simpson (M50)	38 Malcolm Smith (M45)
39 Phil Smithard (M60+)	40 Ian Stewart (M50)	41 Paul Campbell (M40)	
42 Ruairidh Campbell (M40)	43 Michael Cowie (M55)	44 Kenneth Daniels (M60+)	
45 Peter Humphreys (M45)	46 Paul Hutton (M40)	47 John McArthur (M60+)	48 Kieran Morgan (M50)

Carnethy HRC

49 Andreas Wilhelm (M40)

Central AC

50 Alasdair Anthony	51 Hugh Buchanan (M50)	52 Andrew Butchart (U20)	53 Scott Green (U20)
54 Roger Greenaway (M55)	55 Alastair Hay	56 Alexander Hendry (U20)	57 Will Hensman
58 Kenneth Hislop	59 David Hutchison (U20)	60 David Lindsay (U20)	
61 David MacKinlay (U20)	62 Sandy MacLarty (U20)	63 Christopher McHardy	
64 George McHardy (M55)	65 Lewis Millar	66 Alex Milne (M45)	67 John Newsom
68 Sean Reilly	69 Robert Russell	70 Stuart Watson (M45)	71 Michael Wright
72 Cameron Campbell (M50)	73 David Eckersley (M45)	74 Alan Gall (M55)	75 Liam McCabe (M50)
76 John Millar (M55)	77 Colin Sinclair (M40)		

Corstorphine AAC

78 Moray Anderson	79 Tom Ferrington	80 Grant Wilkie (M40)	81 Dermot Cummins
82 Andrew Christy (U20)	83 Mickey Breen	84 Bryan Clark	85 Christopher O'Brien
86 Steven O'Brien	87 Calum McKenzie	88 Scott Pilkington	89 David Simpson
90 Douglas Selman	91 Christopher Peggie	92 Ian Johnston (M45)	93 Nigel Lamb
94 John Christy (M50)	95 Dean Carr	96 Michael Anderson (M40)	97 David Law (M45)
98 David Henderson (M45)	99 Bruce Malcolm (M45)	100 Jan-Bert Van Den Berg (M50)	
101 Kenneth Stewart (M50)	102 Graeme Fletcher (M45)	103 Nicholas Brown	104 Ronald Nolan (M40)

Cosmic Hillbashers

105 Stuart Hunter (M40)	106 Colin Larmour (M45)
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Dundee Hawkhill

107 Chris Foley	108 Matthew White (U20)	109 Howell Craske (U20)	110 Neil Gunstone
111 Gordon Barrie	112 Antony Robinson	113 Matthew Strachan (M45)	114 Craig Love (M40)
115 Nigel Reynolds (M45)	116 Paul Leonard (M40)	117 David Mitchell (M45)	
118 Roger Van Gompel (M40)			

Dundee Road R

119 John Mill (M45)	120 Steven Peters	121 Wayne Cowpland (M40)
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Edinburgh AC

122 Dermot Bailie	123 Graham Beal (M40)	124 Paul Brennan	125 Daniel Clarkson
126 Edward Dudgeon (U20)	127 Keith Dunlop	128 Martin Ferguson (M45)	129 Kevin Graham
130 Brian Howie (M60+)	131 Adam Jack (U20)	132 Stuart Johnston	133 Seamus Keely
134 Keith Lyall (M45)	135 Peter Loudon (U20)	136 Bryan Mackie	137 Richard Meade
138 Colin McGill	139 Kirk Ollason (M40)	140 Adam Priestley	141 Neil Renault
142 Garry Robertson (M45)	143 Tom Ryan (U20)	144 David Steele (M50)	
145 Eric Stevenson (M60+)	146 Iain Whitaker	147 Jonas Zweck	148 Adam Chmieloski
149 Francis Hooton	150 Andrew Laycock (M40)	151 Roy Mitchell (M40)	152 Adam Ward (M45)

153 Owain Bristow	154 Andrew Crichton (U20)	155 William Gallacher (M60+)	156 Richard Hope (M50)
157 Neil Calder	158 Callum Reid		

Edinburgh Uni

159 Mike Diver	160 Andrew McAlpine (U20)	161 Tom Martyn	162 Oleg Chepelin
163 Patryk Gierjatowicz	164 Jamie Stevenson (U20)	165 James Bruce Waldie (U20)	166 Ross McCall
167 Max Ralston	168 Hector Haines	169 Iain Whiteside	170 Michael Crawley
171 Scott Wallace	172 Ewan Crawford (U20)	173 Kieran Smith (U20)	174 Ryan Cox
175 Arjuna Sivakumaran	176 Rory Leslie (U20)		

Falkirk Victoria H

177 Andrew Ronald (M40)	178 John Martin (M50)	179 Euan Martin (U20)	180 Gary Smith
181 Anthony Devlin (M40)	182 John Denholm (M55)	183 David Hart (M50)	184 Alexander Davidson
185 David Bunyan (M55)	186 Mark Dunnachie	187 Colin D Thomson (M40)	188 Barry Paterson
189 Stuart Douglas	190 Michael McQuaid (M45)	191 William Day (M60+)	

Ferranti AAC

192 Iain Shaw (M45)	193 Edward McDonald (M60+)	194 Stephen Reid (M45)
195 Robert Miller (M45)	196 Alex Bell (M50)	197 Grant Sellar (M45)
199 Keith Weston (M60+)	200 James Shaw (M60+)	201 Keith Nicol (M55)

Fife AC

202 Mark S Buchan (U20)	203 Adrian Davis (M45)	204 Jacob Howe	205 Liam Hutson (U20)
206 Neil Martin (M45)	207 Daniel Newman (M40)	208 Frank Popham	209 Roger Rees (M40)
210 Douglas Gunstone (M60+)	211 Craig Ross (M55)	212 Christopher Russell (M40)	213 Tom Scott (M60+)
214 Bryce Aitken (M50)	215 Mark Harris (M40)	216 Alan McLeod (M60+)	217 Kenneth Mcleod
218 Alastair Robertson (M60+)	219 Ian Hawkins (M45)	220 David Shepherd (M45)	221 Brian R Smith (M50)
222 Stewart Davidson (M55)		223 John Kay (M50)	224 Graham Kirby (M40)
225 Andrew Wright (M60+)			

Forfar Road R

226 Brian Niblock (M45)	227 Ronald Milne (M55)
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Gala Harriers

228 David Hunter (M50)	229 Euan Jardine	230 Graeme Murdoch	
231 William McCulloch (M50)	232 Derrick Brydon (M40)	233 Gregor McAneny	234 Fergus Johnston
235 Magnus Inglis	236 Robert Marshall (M60+)	237 David Nightingale (M55)	238 Alistair Laurie (M45)
239 Martin Clarke (M50)	240 Mark Bryson (M40)	241 Paul Daly (M40)	242 Alan Goodson (M50)
243 Malcolm Gowans (M45)		244 Thomas Knox (M45)	

Haddington ELP

245 William Watson (M45)	246 Paddy McDonald (M55)	247 Sandy Wallace (M60+)
248 Frederick McCain (M60+)	249 Frank McPartland (M50)	250 James Baird (M50)

Harmeny AC

251 Ryan Riddell	252 Thomas White (M50)	253 Paul Thompson (M45)	254 Alan Kerr (M50)
255 Darren Cavaroli	256 Jonathan Carpenter	257 Gary Connelly (M45)	258 Ian M May (M60+)
259 William Murphy (M45)			

Hunters Bog T

260 George Ashley	261 Stewart Barrie (M40)	262 Stewart Caithness	263 Daniel Clements
264 David Fulton	265 Daniel Gay	266 Simon Harrison	267 Alistair Hart
268 Huw Jones	269 Craig Mattocks	270 Peter McClelland	271 Alisdair Millan
272 Philip Mowbray	273 Ivor Normand (M45)	274 Matt Sims	275 Murray Strain
276 Joe Symonds	277 David Wright	278 Duncan Baker (M50)	279 Tom Barr
280 Jamie Brown	281 Steven Cairns (M40)	282 Ian Campbell (M45)	283 Allan Gordon (M60+)
284 Alistair Hart	285 Craig Hunter (M50)	286 James Jarvis (M40)	287 John MacPherson
288 Will Mair	289 Ian Marshall (M60+)	290 Andrew McKechnie	291 Donald Naylor
292 Christopher Oliver (M60+)	293 Jon Rathjen (M40)	294 Jamie Thin (M40)	295 Ray Ward
296 Stephen Crawford (M40)	297 Rashmi Shah (M40)		

Lasswade AAC

298 Barney Phillips	299 Ben Mitchell (M40)	300 Richard Connor	301 Ross Finlayson
302 Zander Lyon (U20)	303 Scott Anderson	304 Ross Matheson (U20)	
305 Andrew Matheson (M45)	306 Martin Gore	307 Niall Sheehan	308 Colin Menzies

Livingston & Dist

309 Steven Thomson (M50)

Lomond Hill R

310 Gordon Pryde (M50)

Lothian RC

311 Max McNeill (U20)	312 Scott Nelson (M40)	313 Ian Leggett (M60+)	314 Alan McIntosh (M45)
315 David Eades (M40)	316 Mark Kassyk (M50)	317 Iain Donnan	318 John Malcolm
319 Colin Partridge	320 Kenny Mearns (M50)	321 Ross Milne	
322 Robin Galloway (M40)	323 Ben Hartman (M40)	324 Robin Morris (M60+)	325 Kenton Jones (M45)
326 Harry Mulholland (M45)	327 James Alexander (M45)	328 Graeme Ackland (M45)	
329 Alastair Robertson (U20)	330 Robert Inglis (U20)	331 Alex Agnew (M55)	

Metro Aberdeen

332 Niku Millott	333 Colin Munday	334 Richard Thomson (M40)	335 Neil Jaffrey
336 Peter Jennings (M55)	337 Robert Taylor (M50)	338 Mark Poole (M40)	339 Kevin Harper
340 Ian Urquhart	341 Neil Mitchell (M55)	342 Donald Simpson	343 David Purvis
344 Clifford Leith (M40)	345 Forbes Reid		

Musselburgh AC

346 Tony Segall (M45)	347 Gordon Eadie (M50)	348 Alexander Oliver (M40)	349 Craig Wilson
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Ochil Hill Runners

350 Robert Wiseman	351 Peter Buchanan (M50)	352 John Stevenson (M45)
353 James MacEwan (M40)	354 Ron McCraw (M50)	355 Ron Martin (M45)

Perth Road Runners

356 Derek McIntosh (M45)	357 David Knight (M40)	358 Derek Phillips (M50)
359 Simon Grieshaber (M40)	360 David Hunter (U20)	361 Kevin Judge
362 Stephen Ferguson (M55)	363 Colin Wilson	

Pitreavie AAC

364 Jeff Farquhar (M50)	365 Jonathon Hedley	366 Neil Maclachlan
367 Andrew Le Good (M50)	368 Owain Williams	369 Kevin Davie
370 Archibald Duncan (M60+)		

Portobello RC

371 Kevin Clark (M45)	372 Graham Henry (M45)	373 Michael Nowicki	
374 James Hamilton (M50)	375 Richard Dennis (M40)	376 Gareth Green	377 Ian McMillan (M40)
378 Peter Buchanan (M45)	379 Michael Fullerton	380 Willie Jarvie (M50)	381 Scott Jarvie (M50)
382 Leo Zijerveld (M45)	383 Andrew Stavert (M45)	384 Tony Stapley (M60+)	

St Andrews Uni

385 Russell D Hall	386 Andrew Smith	387 Rui Principe	388 Andrew MacKenzie
389 Philip Vernon	390 Jed Bartlett	391 Thomas Paskins	

Teviotdale Harriers

392 Raymond Jaffray (M45)	393 Alan Inglis (M40)	394 Iain Williams	395 Colin Welsh
396 Wayne McIntosh	397 Alan Coltman (M40)	398 Alister Biggar (M40)	399 Michael Yule (M40)

Unattached

400 Keith Farquhar (M45)	401 Graeme Wilson (M45)	402 Keith McArthur (M45)
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